

YOU CAN HELP IMPROVE THE HEALTH OF ALL AUSTRALIANS

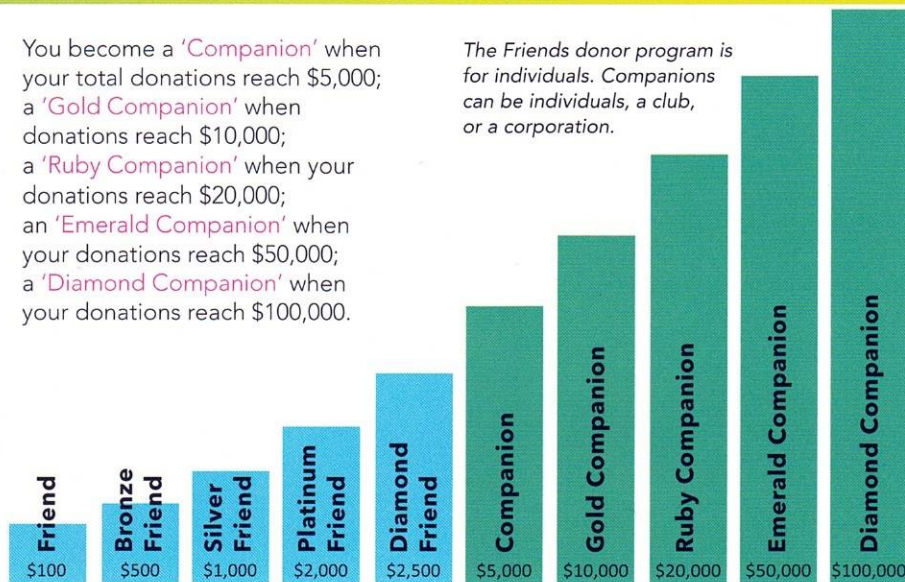
Become a 'Friend' or 'Companion' of Australian Rotary Health...

Any donation to Australian Rotary Health is a start. All donations you make are accumulative.

You become a 'Friend' when your total donations reach \$100; a 'Bronze Friend' when donations reach \$500; a 'Silver Friend' when donations reach \$1,000; a 'Platinum Friend' when your donations reach \$2,000; and a 'Diamond Friend' for total donations of \$2,500 or more.

You become a 'Companion' when your total donations reach \$5,000; a 'Gold Companion' when donations reach \$10,000; a 'Ruby Companion' when your donations reach \$20,000; an 'Emerald Companion' when your donations reach \$50,000; a 'Diamond Companion' when your donations reach \$100,000.

The Friends donor program is for individuals. Companions can be individuals, a club, or a corporation.



Lift the Lid on Mental Illness

Lift the Lid on Mental Illness is Australian Rotary Health's national fundraising initiative for mental health research. You can support Lift the Lid by hosting a Hat Day or raising money during Mental Health Month in October, or by choosing to "Adopt a Scientist" anytime throughout the year.

For more information, visit our website:

www.australianrotaryhealth.org.au



LIFT THE LID on mental illness



Detach and post to AUSTRALIAN ROTARY HEALTH, PO Box 3455 Parramatta NSW 2124

www.australianrotaryhealth.org.au Email: admin@arh.org.au

PO Box 3455 Parramatta NSW 2124 Phone: (02) 8837 1900 Fax: (02) 9635 5042

I wish to become a 'Friend' of Australian Rotary Health

First Name(s): Surname:

Address: State: P/C

Enclosed is my cheque for \$ Please have my donation credited to the Rotary Club of
(Rotarian only)

I authorise Australian Rotary Health to deduct a one off donation of \$ from my credit card account.

I authorise Australian Rotary Health to deduct a monthly quarterly annual payment of \$

Mastercard Visa Amex No: Exp:/..... CVC:

Signature: Please send me information on how to make a bequest



MENTAL ILLNESS FUNDING

Mental Illness Research Grants Mental Illness Postdoctoral Fellowships

Australian Rotary Health provides research project grants for up to three years per project, with focus on mental health of young Australians.

Mental Illness Research PhD Scholarships

Funding is also available for PhD research studies. The Ian Scott Scholarship program provides financial support to PhD students conducting research into mental illness, with focus on general mental health.

Australian Rotary Health also offers four Fellowships of three years duration, to early career researchers in the area of Mental Illness, with focus on prevention of mental health disorders.

These are named after the first four chairmen of Australian Rotary Health:

- Royce Abbey Postdoctoral Fellowship
- Geoffrey Betts Postdoctoral Fellowship
- Colin Dodds Postdoctoral Fellowship
- Bruce Edwards Postdoctoral Fellowship



Lift the Lid on mental illness campaign raises annual funds for mental health research through ARH

Mental illnesses are just like other illnesses such as heart disease, diabetes and asthma. Unfortunately, the sympathy and support provided to people with a physical illness is often denied to those with a mental illness.

OTHER HEALTH PROJECTS...

Funding Partners: Research in all Health Areas - PhD Scholarships

The Funding Partners program helps to provide funds for medical research in areas other than mental illness.

If an individual or club wants to provide funding for a particular area of research – for instance heart disease, Australian Rotary Health will also contribute and arrange contributions from the scholar's university.

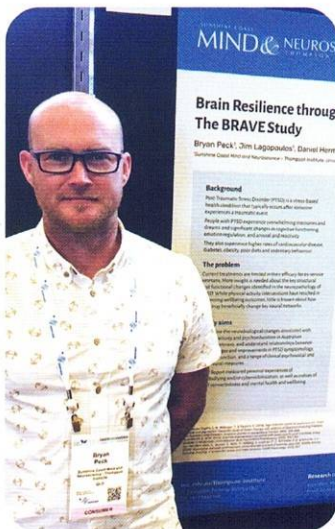
Indigenous Health Scholarships

This program assists Indigenous Australians who are undertaking a health related university course. An annual scholarship of \$5,000 – provided jointly by Rotary Clubs and Government is awarded to the student to try and encourage more Indigenous people to become doctors and health professionals – eventually providing better medical care in the remote areas of Australia.

Scholarships for Medical and Nursing Students in Rural Areas

Rural Medical Scholarships and Rural Nursing Scholarships provide an incentive for students to complete their final years in a rural or remote area.

Scholarships for Medical and Nursing Students in rural areas are supported by private benefactors and individual Rotary Clubs.



Australian Rotary Health is a registered charity, conceived by a Rotarian and supported by most Rotary Clubs in Australia.

However, it is NOT exclusive to Rotarians.

Australian Rotary Health is governed by an honorary Board of Directors and advised by an honorary Research Committee of eminent medical research professionals, most of whom are not Rotarians.

Anyone can become a "Friend of Australian Rotary Health" and any tax deductible donation made is recorded and credited to the donor. "Friends" become "Companions" as their donations increase.

To become a "Friend", complete the coupon on the reverse side and enclose your remittance, which will continue to work in perpetuity funding health research projects.

