



Australian Mental Health Researchers Need YOUR Help During COVID-19

It has become clear during the COVID-19 pandemic that looking after our health – particularly our mental health – is more important than ever.

With social distancing rules in place, many of our supporters across Australia who would normally raise thousands of dollars towards mental health research, have been forced to postpone and cancel their fundraising events.

We can see that this virus is affecting our mental health tremendously. Therefore, continuing to support mental health research to learn how to best support our communities when unexpected events like these occur, is crucial.

We ask that you please consider donating to mental health research today to help Australian Rotary Health **#LiftheLidonMentalIllness** in these uncertain times and ultimately improve the health and wellbeing of all Australians.

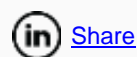
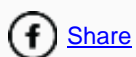
We have set a target to raise **\$200,000**. Any dollars towards this will be greatly appreciated.

Please share [this link](#) with your family, friends and social networks.

Thank you for your support!

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You're receiving this email because you are keen to see recent research and programs Australian Rotary Health is making happen in the area of Mental Health and other General Health issues, including Rural and Indigenous Health.

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