

Good morning all,

UCare Gawler desperately requires a range of items to give away to families and individuals in need.

Between 1 January and 30 June 2019, UCare Gawler assisted 562 families and individuals through their Commonwealth Emergency Relief funding. In just three months, from 1 January to March 2020, they have well exceeded this number.

Just last week (on Tuesday) UCare gave away 75 full hampers and 80 fruit and veg packs and provided assistance to over 300 individuals and families on that day alone.

Items required include:

- Non-perishables – canned foods, pasta, pasta sauce, etc
- Men's toiletries
- Socks and jocks
- Towels
- Cloth bags for food parcels

UCare is open Monday to Friday, **9.30am – 3.00pm**, but donations can be received from **8.00am**.

Please promote this widely amongst your networks. Any assistance is greatly appreciated during this very challenging time.

**UCare Gawler**  
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**10 Tod St, Gawler**

**Linda Weiss | Community Development Officer**

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