

CARPE DIEM (“Seize the Day”) Play

The **Gawler Suicide Prevention Community Group** is hosting a play about mental health

Carpe Diem is a contemporary portrayal of Australian males, dealing with issues of *health, grief, loss and depression*.

Set in a fictional town in inland Australia, ***Carpe Diem*** portrays the friendship of Nev, a hard-working farmer and John his stock agent friend. Both have been impacted by long running drought with each suffering their own personal crisis.

Carpe Diem is a didactic comedy that delivers the mental health messages in a way that is entertaining, immediate and highly relevant. It stresses the importance of mate-ship and professional care in times of crises.

Chris Pidd, actor and general manager at Lifeline Albury, says *“This compelling story will help break down the stigma of seeking support early when life gets tough. The play depicts so beautifully how two mates can help each other in times of need.”*

Carpe Diem will be:

- appearing at **Gawler Institute Hall (i.e. in the Town Hall, Murray Street) this Tuesday May 7.**
- Doors open **7pm for a 7.30pm** start.
- The play will be followed by a Q&A and meet and greet with actors Chris Pidd and David Meadows.
- There will be a raffle on the night and free supper.

Produced by Centre Stage Scripts, ***Carpe Diem*** is an arts and health initiative for healthier communities.